

MEITHRIN A DERBYN: YSGOL GYMRAEG GWENLLIAN

THEMA'R WYTHNOS: CADW'N HAPUS, YN IACH AC YN DDIOGEL WEEKLY THEME: KEEP HAPPY, HEALTHY AND SAFE

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| <p>Her 1</p> | <p><u>Mae'n bwysig cadw'n ddiogel yn ystod cyfnod o ansicrwydd.</u></p> <ul style="list-style-type: none"> - Ydych chi'n gallu adeiladu rhywle i gadw'n ddiogel yn eich tŷ neu yn yr ardd? <ul style="list-style-type: none"> - Beth am rhoi enw i'r cuddfan? - Beth am greu rheolau i'r cuddfan? <p>Cymerwch luniau a lanlwythwch y lluniau i Seesaw. Os ydych yn gallu, recordiwch clip sain i esbonio'r llun.</p> | <p><u>It's important to stay safe during times of uncertainty.</u></p> <ul style="list-style-type: none"> - Can you build somewhere to keep you safe either in the house or outdoors in the garden? <ul style="list-style-type: none"> - Can you give your den a name? - Can you create some rules for the den? <p>Take pictures and upload the pictures to Seesaw. If you can, use the voice recording option to explain your picture.</p> |
| <p>Her 2</p> | <p><u>Cadw'n iach ac yn heini</u></p> <p>Ewch ar Youtube Joe Wicks am weithgareddau ffitrwydd. Ydych chi'n gallu gwneud rhain sawl tro dros yr wythnos yma?</p> <p>https://www.youtube.com/user/thebodycoach1</p> | <p><u>Staying fit and healthy</u></p> <p>Check out Joe Wicks' Youtube for active workouts. Can you do these for a short amount of time several times this week?</p> <p>https://www.youtube.com/user/thebodycoach1</p> |
| <p>Her 3</p> | <p><u>Helpa allanol</u></p> <p>Dyma helpa i chi wneud yn ystod eich amser allan o'r tŷ i'w wneud gyda rhiant neu fel gweithgaredd teulu.</p> <p>Cymerwch luniau a lanlwythwch y lluniau i Seesaw.</p> | <p><u>Outdoor hunt</u></p> <p>This is a hunt for you to do during your time out of the house to be done with a parent or an activity for the family to do together.</p> <p>Take pictures and upload the pictures to Seesaw.</p> |
| <p>Her 4</p> | <p><u>Cadw i wenu</u></p> <p>Ydych chi'n gallu mynd i gasglu gwahanol bethau yn yr ardd (neu pan ydych allan am dro gyda'r teulu), e.e. blodau, dail, brigau, cerrig.</p> <p>Ydych chi'n gallu defnyddio'r pethau yma i wneud gwynebau hapus?</p> <p>Beth am wneud gwyneb am bob aelod o'r teulu?</p> <p>Cymerwch luniau a lanlwythwch y lluniau i Seesaw. Her ychwanegol: labelu'r gwynebau ar Seesaw neu trafod y gwynebau gan recordio clip sain.</p> | <p><u>Keep Smiling</u></p> <p>Can you collect different items out in the garden (or whilst out with your family on a walk), such as flowers, leaves, sticks, stones.</p> <p>Can you use these items to create happy faces?</p> <p>What about making a face for each member of the family?</p> <p>Take pictures and upload the pictures to Seesaw. Additional challenge: Label the faces on Seesaw or discuss the faces using the voice recording option.</p> |
| <p>Her 5</p> | <p><u>Capsiwl amser</u></p> <p>Beth am greu capsawl amser fel atgof o'n hamser gyda'r teulu dros y cyfnod yma?</p> <p>Dilynwch cyfarwyddiadau ar gyfer gwneud toes halen a phan ydyw wedi sychu peintiwch y dwylo.</p> <p>os ydych yn mynd i'w gadw tu allan mi fydd angen paent addas i'w gadw tu allan.</p> <p>Cymerwch luniau a lanlwythwch y lluniau i Seesaw.</p> | <p><u>Time capsule</u></p> <p>Can you create a time capsule as a memorabilia of your time with the family of this time?</p> <p>Follow instructions to make salt dough playdough and when it has completely dried paint the hands. If you are going to keep the memorabilia outside you will need to use outdoor paints.</p> <p>Take pictures and upload the pictures to Seesaw.</p> |

